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Partnership

*The Community Magazine for the Parishes of
Newton Flotman & Swainsthorpe
May 2025*

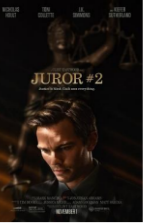


We are very grateful for the financial support associated with the printing costs of this Parish Magazine provided by: **St Mary's Church, Newton Flotman & Swainsthorpe Parish Councils, Newton Flotman Village Centre and our advertisers.** Without this support, this magazine could not be distributed free of charge to every household in our villages.

Newton Flotman Village Cinema

JUROR #2

TUESDAY 20th MAY - BAR OPENS 7:00PM FILM STARTS 7:30PM
NEWTON FLOTMAN VILLAGE CENTRE



A juror for a high-profile murder trial finds himself struggling with a serious moral dilemma that could influence the verdict and potentially convict, or free, the accused killer.
Cert. 15

Tickets: £5.00
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VE Day Celebration

Sunday 11th May 2-5pm

Join us for **afternoon tea and entertainment** from a guest singer, performing 1940s songs
(Ghurka charity donations appreciated on the day)

Period dress encouraged!

Free for Swainsthorpe residents, but **please book your place** in advance
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Saturday Village Café

Church Room 10-12

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Garden waste




Commercial and industrial waste

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South Norfolk

An evening of Sea Shanties and well known songs

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May 17th 2025
at 7.30 p.m.
St Peter's Community Centre, Swainsthorpe.

Refreshments will be provided

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Curate's Page

Each Sunday we continue to hold the people of Ukraine in our prayers. I have been encouraged this week to hear some of the practical things our local churches are doing to support those living amidst the horror of war, such as sending essentials such as toiletries, clothing and medical supplies.



Christian organisations are hearing reports that, despite the psychological, emotional and physical exhaustion they are experiencing, there are stories of how the Ukrainians are heartened by the compassion and kindness of others.

The Bible Society tells this story:

'Today a biting cold wind was blowing. I drove up and offered the soldiers hot coffee. One of them noticed a Bible on the dashboard of my minibus and asked, "Is that a Bible?"

"Yes" I replied. Then he said, "My Grandmother used to read it to me when I was a kid. I've been looking for a Bible for a long time because my heart is heavy."

At that moment, other soldiers called him to help reload a machine gun. "Can I have a Bible?" he asked. "But I don't have any money on me to pay for it." I quickly handed him the Bible, as another air raid began. The man took the Bible and kissed it sincerely. Hastily taking it from my hands, he removed his hat, recognising the value of the book.'

It got me thinking...If the Bible is so precious to some people, why is this?

Have you ever read one?

Perhaps you could find a sunny spot in the garden with a cuppa this May and give it a go!

Reverend Rachel Hayden

Holy Communion at Home

Are you unable to get to church but would like to receive Holy Communion at home? There is a tradition in the Church of England that Holy Communion is taken to those at home who are unable to get to church because of illness or other circumstances.

Home Communion normally takes place once every four to six weeks and can be a one off or for a longer period of time. If you would like to receive Holy Communion at home or find out more, please contact me on 07722413589 and I will be happy to have a chat or arrange a visit.

Reverend Austin Uzoigwe

Keeping the villages in touch: Visit us on Facebook

www.facebook.com/newtonflotmanvillage/
Swainsthorpe's private group for residents:
https://www.facebook.com/groups/151438831588930

Church Contact Details

For home visits, Communion at home, or to enquire about Christian faith, please contact:

Rev'd Dawn Davidson (Team Rector),
dawndavidson@btinternet.com tel: 498924 The Rectory, The Street, Saxlingham Nethergate, NR15 1AJ

Rev'd Austin Uzoigwe (Team Vicar)
revaustinuzoigwe@aol.com Tel: 01508 470901 The New Rectory, Church Hill, Tasburgh, Norwich, NR15 1NB

Rev'd Rachel Hayden (Curate) racheljhayden@outlook.com 01508 826971

Lesley Cox (Reader) coxlesley16@gmail.com

Church Buildings and Church yards

On matters to do with the church buildings or churchyards, please contact one of the church wardens:

Kirsten Remer 01508 471580 St Mary's Newton Flotman

Susan Peters Corbett 01508 470539 - St Peter's Swainsthorpe

To donate to St Peter's Church, Swainsthorpe, contact the treasurer

Andy Haggith - 01508 470921

How to donate: Newton Flotman Parish Church Council sort code 20-62-53 a/c 70651028 it is classed as a business account. Please reference it 'Fabric'.

To give regularly, why not become a *Friend of St Mary's?* - contact Kirsten Remer – 01508 471580 kirstenremer@gmail.com

To contribute to the running costs of the church and provision of clergy please go to **DofN.org/donate** to donate to our Parish Share. If you wish to leave a legacy please visit for further details

www.churchofengland.org/our-faith/church-legacy Thank you!

St Peter's Church Community Centre

Swainsthorpe Community Centre is situated within St. Peter's Church on Church Road in Swainsthorpe. The centre is available for hire on a one off or regular basis at £7 per hour. There is a well-equipped kitchen area with cutlery, crockery and glasses to serve 40 people. The entrance and toilet have wheelchair access.

For enquiries please contact: Jackie Baker 01508 470415

Church Room for Hire Newton Flotman

The Church room at St Mary's in Newton Flotman is available for hire at £7 per hour. It is suitable for meetings and small birthday parties. It has kitchen facilities and disabled access. Please call Caroline Wolfe on 01508 471238 for availability.

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Worship Events in May

St Mary's, Newton Flotman

Sunday	4th	11:00	Morning Worship - Philip Simmons
Sunday	11th	11:00	Morning Worship with Baptism - Dawn Davidson with Rachel Hayden
Monday	18th	11:00	Morning Worship - Lesley Cox
Sunday	25th	11:00	Holy Communion - Austin Uzoigwe

St Peter's, Swainsthorpe

Sunday	4th	09:30	Holy Communion - Dawn Davidson & Rachel Hayden
Weds	16th	09:30	Swainsthorpe Special - Lesley Cox
Sunday	18th	09:30	Swainsthorpe Special - Austin Uzoigwe
Sunday	25th	09:30	Swainsthorpe Special - Kirsten Remer

For other services around the Tas Valley benefice, please visit www.tasvalley.org

Newton Flotman Climate Care

We are probably all aware of our changing climate. Spring flowers appear a bit earlier. We get strangely warm days in the winter. So - we might think - maybe climate change is no big deal after all??



But look to countries in Sub Saharan Africa, the Middle East or small island nations and the picture is very different. Already climate change is life changing. Subsistence farming fails as recurrent drought spoils the harvest. The cities suffer barely survivable heat waves. Record breaking hurricanes devastate coastal areas and islands.

The shocking thing here is the injustice. Subsistence farming has a very low carbon footprint. People in these nations cause very little greenhouse gas emissions. So at present it's us in the developed world causing the problem while more vulnerable communities suffer as a result.

So climate change is not just about early springs and warm winters - real people are already suffering and dying as a result. Yet another reason for us to take it seriously and remember that every life-style decision we make has an impact on others.

Richard.beach1508@gmail.com

Room Booking
Newton Flotman Village Centre:
Martin Brooks 01508 470075 martinbrooks949@msn.com
Newton Flotman Church Room: Caroline Wolfe 01508 471238
Swainsthorpe St Peter's: Jackie Baker 01508 470415



VE Day 80

We've renamed the Facebook page we set up for VE75 to Newton Flotman Remembers VE80 (subject to Facebook approval) Please feel free to post on there your memories related to the VE80 anniversary, to remember a loved one or to record the way that you are commemorating this time round.



You can look back too, at posts of how we remembered 5 years ago – times were quite different! Do join the NFaST team as they remember on Saturday 10th May at Village Café in the church room 10-12.



ST MARY'S CHURCH
Newton Flotman

After a busy end to April with Holy Week, Easter Space, our Easter Day Celebration and maintenance morning, the pace isn't letting up!

We are ringing the bells for VE80 before joining the celebrations at the Village Centre including the lighting of the beacon. We look forward to welcoming Robin Stanley and his family on May 11th for his baptism, and it's Christian Aid week too from 11th-17th May.

Thank you to all who tend the graves, to help us look after the churchyard, as the growing season gathers apace! It is really appreciated. We look forward to what wildlife we can encourage in our 'wild areas' north and south of the church this year. Our thanks too to David and Rachel Pownall who do the bulk of the maintenance, supported, in part, by a grant from the Parish Council. We wish you all the best as you get back into the swing of things after your recent set back.

As you are out and about the village, taking your daily constitutional do you think you could help by popping some Partnerships through doors, ten times a year? Why not join (or rejoin!) our team of deliverers? Please have a chat with William or Vicky Ball or contact Kirsten Remer kirstenremer@gmail.com to find out more.



Members of the NFaSt Heritage Group are hosting Village Café on 10th May where we'll be commemorating VE80.



Christian Aid week is held this month 11-17th May. Popped into Partnership in Newton Flotman, you should find a donation envelope. Please do consider making a donation.

At **Village Café** on 17th May we will be having a bric-a-brac sale alongside the usual 'fayre', **50% of donations will go to Christian Aid**. If you have any bric-a-brac, clothes, plants to donate we'd love to hear from you!

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Why Donate to Christian Aid This Year?

Several readers donate to our annual letterbox collection for Christian Aid regularly...why do they do this? Could it be that they want to support a charity which gives hands on support, working with partner agencies 'on the ground' with sustainable solutions to alleviate poverty and the impacts of climate change, to campaign for climate justice, to just help others that need our help? Could you do that too this year?

- £6 to buy a pruning saw so farmers can tend their fruit trees
- £30 for a training session on how to make organic fertilizer
- £100 to fund the metal roofing sheets that shield a market stall holder and their produce from the sun and rain

Search Christian Aid to find out more or to donate directly.

Donation envelopes can be dropped off, on or by 17th May, at the following points:

23 Alan Avenue; 59 Alan Avenue; 60 Alan Avenue; 3, Flordon Road; Hazelwood, Flordon Road; 14, Joy Avenue and at the church/church room when open!

If you can't get out and about and would prefer us to pick up your donation please call 01508 471580 and leave a message.



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9.45am – 11.30am**

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I love the month of May. The world around us looks brighter, greener and sprinkled with colours of flowers in every nook and corner. There's a spring in our step and one wants to be out in the garden.

This year, the practice PPG has been focusing on delivering a Heart Health event evening at the Newton Flotman community centre. When I initially heard about the topic, I wondered why the PPG had chosen the Heart as it's theme. It really isn't rocket science. We hear about someone having some form of heart disease whether it is angina, heart attacks, coronary artery disease or valve problems. These are lifechanging events that affect our lives.

The British Heart Foundation Factsheet January 2025 shows some glaring facts under the heading 'Today in the UK':

- 480 people will die from a heart or circulatory disease
- Around 130 of them will be below 75 years of age
- 270 hospital admissions will be due to a heart attack
- 180 people will die of coronary heart disease
- 7.6 million people are living with a heart or circulatory disease

These are worrying figures. We do have to reflect and consider how we can look after ourselves, look after each other and how we can improve the heart health of the country.

PREVENTION is always the first line. This is all about lifestyle, which includes:

- Healthy diet
- Stop smoking if a smoker
- Safe drinking levels: 14 units or less in a week
- Regular exercise

Risk factors include:

- Diabetes: it is crucial to get the HbA1c within safe range
- Hypertension/ high BP – reduce salt, exercise, take medication regularly and get the figures to safe levels
- Cholesterol should be checked and if high, look at diet, exercise and if necessary, medication
- Obesity and overweight – try hard to get the weight to a safe range

In summary, a healthy diet and exercise are crucial. Let us work hard to keep ourselves healthy physically and mentally.

The PPG will let you know as soon as the date for the Heart Health evening has been set.

Stay Safe.

Dr Mini Nelson

Newton Flotman Youth Club

NF Village Centre - For 8-16 year olds
Wednesdays 6 - 8 pm (term time only)

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Could You Help To Deliver Partnership Magazine?

We are looking for volunteers to join (or re-join) our delivery team to ensure the whole of Newton Flotman and Swainsthorpe is covered.

If you fancy a walk, delivering Partnership magazine to a small section of our villages on your way, just ten times a year, please chat to William or Vicky Ball (usually found at Village Café on Saturday mornings) or contact Kirsten Remer kirstenremer@gmail.com



Saturday Village Café
Church Room 10-12

Come and join us in Newton Flotman for home made bakes & a cup of something hot.

Free Ads

Free Ads in Partnership If you have something to sell or pass on for free, or perhaps you have a 'wanted', then please consider placing a free advertisement in Partnership. Send an email to caroline@uv6.com, or call/text **07855 838553**, stating your item(s), contact details and the price you want, and Partnership will do the rest. Reduce, reuse, repurpose, recycle!

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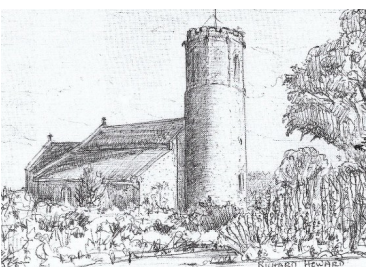
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Residents of Swainsthorpe are invited to the

Annual Parish Meeting

followed by the

Annual Parish Council Meeting

7 p.m. on Wednesday May 14th
in the Swainsthorpe Community Centre

There will be presentations to update you on developments affecting the Village. We will report on progress on the Swainsthorpe Neighbourhood Plan. Come along and find out about these and other local issues. Meet your Parish Councillors and join us in a glass of wine at the close of business.



The Swainsthorpe Neighbourhood Plan...

...is progressing well and the results of the Household Survey are being used to write policies. Thank you for all your responses. The draft Neighbourhood Plan will be consulted on before it is submitted for independent examination.

The steering group are now working on green spaces which allows communities to identify and protect green areas of particular importance to them. A green space must be in close proximity to the community it serves, must be demonstrably special, hold particular local significance and is not an extensive tract of land. Responses in the Household Survey indicated that new green spaces are important to Swainsthorpe residents, with nature reserve, wildlife area and informal green open space, scoring particularly high. The next areas to be developed are: Public Views of Community Importance and Heritage Assets. If you would like to comment or get involved please

Mobile Library for May

The mobile library will be visiting Newton Flotman and Swainsthorpe on Wednesday 21st May.

Village	Stop Name	Arrival Time	Departure Time	Postcode
SWAINSTHORPE	THE CHURCH	09:50	10:05	NR14 8PN
NEWTON FLOTMAN	GROVE DALE	12:00	12:20	NR15 1QG
NEWTON FLOTMAN	JOY AVE	12:45	13:05	NR15 1RD
NEWTON FLOTMAN	SCHOOL ROAD	14:20	15:30	NR15 1PR

VE Day 80

Newton Flotman will be celebrating VE Day 80 this year on Thursday 8th May at the Village Hall. We will be ringing the church bells at 6.30pm and lighting the beacon at 9.30pm that evening. Our full list of planned activities is:



Thursday 8th May at the Newton Flotman
Village Hall.

PROGRAMME OF EVENTS

5.00pm – 10.00pm Social Club bar open.

6.30pm Ringing the church bells

7.00pm Junior ARTS team performance

**7.30 – 8.30pm Singalong of WW2 songs
led by Mister John**

**9.00 – 9.20pm older ARTS students'
performance.**

9.30pm lighting the beacon

**9.30pm singing the patriotic hymn "I vow
to thee my country" after the lighting of
the beacon.**

The '**Brunch Bar on Tour**' will be present throughout the evening so you can enjoy their mouthwatering burgers along with a drink which you will be able to purchase from the Social Club bar.

To help us to celebrate VE Day this year we would like to **encourage you to dress in 1940s clothing**. Have a look at your grandparents/parents pictures from that period to see the clothing that was popular at that time.

Do you know anybody who was alive in 1945 when the first VE Day celebration took place? We would like to invite them as our guest of honour for the evening. Please send their name and contact number to chairman@newtonflotmanpc.co.uk so I can invite them to join us that evening.

*Dr Paul Weeks
Parish Council Chairman*

Partnership Deadline

The next edition of Partnership will be for June 2025. Deadline will be 14th May. Contributions by email to caroline@uv6.com or call **07855 838553**. The editor reserves the right to edit copy and print as space permits.

Bonfire Etiquette

Are you thinking of having a bonfire in your garden? If so, please consider others before you spark up. Is the wind likely to carry smoke across a road (causing a hazard to drivers)? Will the wind carry smoke into the gardens/open windows of your neighbour's house? Are there clothes hanging on your neighbour's washing line?

South Norfolk Council does not have any law against holding a bonfire on your property but please, if you must have one, follow these common sense rules:

- Burn when it is still. If there is wind, check it is not blowing towards your neighbour's house or garden.
- Hold bonfires in the evening when others are less likely to be in their gardens.
- Bonfires should be kept small. Use dry, clean materials, and avoid burning waste like household rubbish or materials containing plastic or paint.
- Don't forget to check for hedgehogs on your bonfire site!

Holistic Wellness with Mel – Seasonal Self Care Ideas

Hello again, Melanie Purdy here, Holistic Therapist (Facial Reflexology etc) in Newton Flotman.

Are you struggling with Hay Fever Symptoms or other Allergies?

The Association of Reflexologists (AoR) offer the following tips to help ease seasonal allergies;

Reduce exposure – common allergies include grass and tree pollen, animal skin/hair/fur, moulds, dust mites and many others. If you can identify your main triggers try to reduce your exposure to them. For example, avoid hanging laundry to dry outside on high pollen days.

Ensure healthy eating – consuming a diet that supports the gut microbiota (e.g. fermented foods, garlic, onions and ginger) has been shown to help modulate immune function, protect against infections and support the production of particular nutrients.

Manage your stress – finding practices that help you to reduce your stress levels can help tiredness and fatigue. Ensure that you get enough proper down time and rest. Reflexology is great for this.

Consider moderate exercise – moderate intensity exercise for 30 minutes a day may help support the immune system function.

Other common advice includes; wearing a wide rim hat and sunglasses to keep pollen out of your eyes, showering, washing hair and changing clothes when you come in from outside and applying an appropriate cream or balm around your nostrils and eyes to catch pollen in its tracks.

Visit my Facebook page to learn about some **Facial Reflexology points** and Natural Weleda products that may be useful to you at this time of year.

Disclaimer: The information here is not a substitute for professional medical advice, diagnosis or treatment.

*Facebook: Melanie Purdy – Holistic Therapies
Instagram: melanie_purdy_therapies www.melaniepurdytherapies.com*

What's On In Our Villages:

Social Club - Newton Flotman Village Centre

Friday 9th May - Bingo - with TATOS food bar
Friday 16th May - with Surfing Sombrero food bar
Friday 23rd - food bar tbc
30th May - Singer Shaun Small - with Peaky Pizzas

Youth Club - Newton Flotman Village Centre

For 8 -16 year olds - Wednesdays 6-8 pm (term time)

St Peter's Community Centre Swainsthorpe

Saturday 3rd May - May Mardle Buffet & Banter (see page 7) - 12:30-3pm
Saturday 17th May - Evening of Sea Shanties (see page 2) - 7.30pm

VE Day Celebrations

Thursday 8th May - 5-10pm - Newton Flotman Village Centre
Sunday 11th May - 2-5pm - Swainsthorpe Village Green

Stay & Play

For parents/carers and preschool children
Tuesdays, 9:30am to 11am - Newton Flotman Village Centre

Cherry Tree Café

Wednesdays, 9am to 12 midday - Newton Flotman Village Centre

Village Café

Saturdays 10am - midday - Newton Flotman Church Room

Film Night - Newton Flotman Village Centre

Tuesday 20th May - Juror #2
Bar open from 7pm; Film starts at 7.30pm

Outreach Post Office

Wednesdays 9.45 - 11.30am - Newton Flotman Church Room

Crafting for a Cause

1st Weds of the month, 2 - 4pm, Newton Flotman Church Room
3rd Saturday of the month - 10-midday at Village Café

Village Walks

For more details contact Richard Beach 07963006091.

Meetings

Newton Flotman Parish Council:
Tuesday 20th May, 7:30pm, **Church Room**

Swainsthorpe Parish Council:
Wednesday 14th May - 7.30pm
Annual Parish Meeting & Annual Parish Council Meeting
St Peter's Community Centre

A Word from Rosedale

Here at Rosedale, when we run our bereavement support groups, week three can be quite a difficult week for participants. We ask them to bring in a photograph of their loved one and talk for about five to ten minutes about them. Most people feel trepidation about doing this as they worry they will get upset or freeze. For some, even bringing in a photograph is a major milestone as they may not have been able to look at photos since their bereavement.

Just for this week, we ask that participants focus on the life of their loved one, rather than their illness or the circumstances of their death. In this way, we are trying to see the big picture and understand that their death is a small part of who they are and the full life they have lived. Everyone is different but being with someone as they died can be a mixed blessing. We may feel grateful we were with them as they passed away but also be traumatised by the experience. Some find that their mind keeps replaying unpleasant memories they would rather forget. Sharing photographs is about reframing what has happened and putting their death into the much bigger context of their life.

In reality, as is true with so many things, the build-up and anticipation is usually worse than doing the thing itself. As they recall how they met, special moments, holidays or their funny quirks, there are often tears and usually lots of laughter. Almost without exception, most participants find that talking about their loved one's life offers a therapeutic release and an opportunity to recall and appreciate the happy times they shared. As facilitators, it is always lovely to see the group members bonding together as they reach a deeper level of empathy.

Memories can be bittersweet and we may get upset, but crying is a normal response to grief. Our loved ones will always be part of us. We are the person we are today, partly because of them. They live on in us.

Talking to others who are also grieving can be very supportive. Rosedale's groups are free and open to everyone. Call 01379 640 810 to reserve your place.

This article was written by Sarah Howard, Rosedale Funeral Home Bereavement Support Group Facilitator

Crafting for a Cause

We are a friendly group who meet to bring and share skills which are put to use to raise money for good causes.

We now meet twice a month, on the first Wednesday of each month from 2-4 pm and on the third Saturday from 10am to midday at the Village Cafe. Both meetings will be in the Church Room.

Do come along and see what we are up to. We have spare materials for you to have a try at a new crafting skill, if you'd like to have a go. If you would like more information contact Vicky (01508 471506) or Hilary (07806762296). All are welcome.



Newton Flotman Parish Council Notes

Youth Club

At the most recent parish council meeting Cat from YMCA Norfolk attended to update the meeting on the activities of the youth club. Young people are getting to enjoy a range of activities and there is an increasing emphasis on giving them the independence to help shape the sessions that they attend.

Sessions are open to young people aged between 8 and 16 years old and are held at the Village Centre between 6 and 8pm during term time. Please call 07894935775 or email youthclubs@ymcanorfolk.org to book a place.

Bus Shelter Cleaning

The Parish Council has two bus shelters on the corner of St Mary's Close and Flordon Road, and on Ipswich Road. The Parish Council employs Pam who does a great job keeping them clean. Please help keep them look good by using the bins provided.

Development of 31 new houses off Alan Avenue

The development of 31 houses off Alan Avenue was given approval with conditions by South Norfolk District Council on 4th March 2025.

F W Properties have responded to the conditions that were outlined in the letter they received on that date which have, amongst other things, identified that the work will commence in May 2025 and the construction traffic will not use Alan Avenue. Instead, the construction traffic will use a road to be constructed off Flordon Road.

Further details can be found on the planning portal of South Norfolk District Council.

South Norfolk Community Awards

South Norfolk want to hear about our community heroes including those individuals, schools, community organisations and businesses who commit themselves to benefiting the local community.

The categories are as follows:

- **Young Achiever Award** - A young person (aged 18 and under) who has made an exceptional contribution to their community.
- **Community Organisation of the Year** - A community organisation who has made a significant impact to the community.
- **Business in the Community Award** - A local business or commercial organisation that has gone above and beyond to support the local community.
- **Volunteer of the Year** - An individual who selflessly devotes their time and energy to the community.
- **Environmental Champion Award** - An individual, school or community organisation who has made an extra effort to have a positive impact on the environment.
- **Connecting Communities Award** - An individual, school or community organisation that has gone out of their way to encourage communities to come together and promote inclusivity.

- **Lifetime Achievement Award** - A person who has dedicated over 20 years of their life to the community, volunteering for the benefit of others and deserves special recognition for their efforts and commitment.

- **Town or Parish Councillor of the Year** - A Town or Parish Councillor within the South Norfolk District that has shown commitment and service to their community.

Healthy and Active Award - An individual, school or community organisation that has gone above and beyond in facilitating healthy and active lifestyles.

For more information and to nominate visit:

<https://www.southnorfolkandbroadland.gov.uk/communities/south-norfolk-community-awards>.

Nominations must be made by 30th May 2025

Meetings

The Parish Council meets every month (except August and December) on a Tuesday evening. Forthcoming meetings are being held on;

Tuesday 20th May, 7:30pm, **Church Room**

Tuesday 24th June, 7:30pm, Village Centre

Tuesday 15th July, 7:30pm, **Church Room**

The public are very welcome to attend parish council meetings and there is always an opportunity for you to ask questions and to have your say. Minutes of all meetings are posted on the Parish Council website:

<https://www.newtonflotmanpc.co.uk/agendas-and-minutes>

Follow the Parish Council on Facebook

Newton Flotman Parish Council is on Facebook. Follow the Parish Council at <https://www.facebook.com/NewtonFlotmanPC>

Contacting the Council

clerk@newtonflotmanpc.co.uk | 01508 447688

Maria Hutson, Clerk to the Parish Council



FANCY A COFFEE OR A CUPPA?

WEDNESDAYS

CHERRY TREE CAFÉ

9-12 NEWTON FLOTMAN VILLAGE CENTRE
COME AND HAVE A DRINK & SNACK ON US

ALL WELCOME!

TOYS AVAILABLE FOR TODDLERS

WELL BEHAVED DOGS ON A LEAD ARE WELCOME TOO!
SUPPORTED BY NEWTON FLOTMAN CHARITIES AND WAVENEY FOODBANK